

Housatonic Valley Waldorf School Isolation and Quarantine Guidelines

WHAT TO DO IF...	UP-TO-DATE WITH COVID-19 VACCINATIONS	NOT UP-TO-DATE
Student, faculty, or staff has *any* symptoms —even if mild—consistent with COVID-19.	<ul style="list-style-type: none"> • Remain home. • Test for COVID-19 (either a self-test or at a testing site). The school has home tests that can be sent home to sick individuals, if needed. • If test result is negative and there is no known-exposure, return to school and activities when fever-free for at least 24 hrs., and other symptoms are significantly improved. • <i>If parents choose not to test their child, or if tests are unavailable, the individual will isolate at home for 10 days.</i> 	
Student, faculty, or staff tests positive for COVID-19.	<ul style="list-style-type: none"> • Isolate at home for at least 5 days. • Test with a rapid test on the morning of day 6. <ul style="list-style-type: none"> ○ If the test is negative, the individual has been fever-free for 24 hrs., and all other symptoms have improved significantly, they may return to school. The individual must wear a mask when around others (even outside) through day 10. Masks may be removed briefly for eating or drinking. ○ If the test is positive, continue to isolate through day 10 (returning on day 11) unless a subsequent test is negative. It is not necessary to test the morning of day 11. 	
Student, faculty, or staff are exposed at school. Masks will be required indoors for a full 10 days after exposure.	<ul style="list-style-type: none"> • Parents in the affected class will be notified. • Classmates (and any exposed faculty or staff) will be sent home with two home tests <i>as available</i>. • Individuals will test right away and may return to school the next day if the result is negative, and they are symptom-free. • Individuals may continue to attend school (assuming they remain symptom-free) and will test again with the second test 5 days after exposure. • If symptoms develop, isolate at home. • Consider adding an additional test right away, if lab or additional home test available. If positive, see protocols above. If negative, proceed with test on day 5 after initial exposure. • If day-5 test is negative, return to school when symptoms are resolved, as above. 	
Student, faculty, or staff are exposed outside of school. Masks will be required indoors for a full 10 days after exposure.	<ul style="list-style-type: none"> • Individual may continue to attend school, assuming they remain symptom-free. • Individual will test 5 days after exposure (either a self-test or at a testing site). • If the exposure was high-intensity it is recommended the individual suspend all activities outside of school for 5 days. 	<ul style="list-style-type: none"> • Individual will quarantine at home for 5 days. • Individual will test 5 days after exposure (either a self-test or at a testing site). • If the result is negative and they have no symptoms, they may return to school on day 6.
	<ul style="list-style-type: none"> • If symptoms develop, isolate at home. • Consider adding an additional test right away, if lab or additional home test available. If positive, see protocols above. If negative, proceed with test on day 5 after initial exposure. • If day-5 test is negative, return to school when symptoms are resolved, as above. 	